

# JOIN THE BUENIES

people who love what they do

Buenies are the heart of El Buen, generously volunteering their time and talents to further our mission.

El Buen addresses the physical, social and emotional wellbeing of Latinos to build a healthy, resilient and vibrant community. We do this by offering coordinated medical, literacy, food stability and spiritual services to promote healthy behaviors for the family.

In July 2017, we attained recognition as a Patient Centered Medical Home (PCMH) which is a model for delivering coordinated medical and family support services to improve the overall health and wellbeing of our community. As a volunteer, you further our PCMH efforts by working alongside staff to offer quality programs to the community.

We are grateful for your interest in our organization and willingness to join in our work to empower Latino and other families in central Texas.

## Opportunities available:

One day a week or more ✨

### ESL Instructor or Teaching Assistant

Mon-Fri Mornings • 9:30am - 12:30pm  
Mon-Thu Evenings • 6:30pm - 8:30pm

An individual's level of literacy has a significant impact on their well-being. You can strengthen our community and share the tools of the English language to a classroom of motivated adult learners. (Spanish proficiency not required.)

One day a week or more ✨

### Youth Mentoring Program

Mon-Thu Evenings • 6:30pm - 8:30pm

Mentor and motivate students to take school seriously in order to expand opportunities for the future. You can make a lifelong impact on a young student by assisting with homework and studying strategies. You will help students ages 6-14 with homework and improving their grades.

One day a week or more ✨

### Computer Literacy Instructor or Assistant

Mon-Thu Mornings • 10:30am - 12:30pm  
Mon-Thu Evenings • 6:30pm - 8:30pm

Assist in teaching basic computer knowledge to adults and practice your Spanish. Classes include Computer Basics, Word Basics and Excel Basics. Assisting students one-on-one in completing activities, answering student questions, and helping instructor in keeping track of student attendance.

Once per week ✨

### Food Pantry Assistant

Tue, Wed, Thu • 9:00am - Noon

Food insecurities contribute to poor health, help our clients assemble bags of healthy food and recipes for them to take home to their families. (Spanish proficiency helpful)

### Community Gardener

1st Fri of Month • 9:00am - Noon  
3rd Sat of Month • 9:00am - Noon

Help families gain access to fresh, healthy produce. Individuals and groups come out to the Community Garden to assist in a number of activities -- weeding, watering, pruning, planting, composting, and other basic gardening tasks.

### Health Promotor(a) in Training

Event-based

Provide outreach to educate and mobilize the community to improve their health.

For additional information, please contact our Volunteer Coordinator at [volunteer@elbuen.org](mailto:volunteer@elbuen.org) or 512.439.8907.



[elbuen.org/volunteer](http://elbuen.org/volunteer)



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Thank you!